

# Poster Presentation

**Grades:** K-2

National Health Education Standard (NHES) 7.2.1: 7.2.2: Demonstrate behaviors that avoid or reduce health risks.

**Objective:** Students will learn ways to be personally responsible for their health.

**Materials:** Template 7.2.2 fill-in and teacher example

**Procedures:**

1. The teacher will lead a short discussion on behaviors that avoid health risks and explain how these contribute to improving quality of life.
2. Ask the students to participate in suggesting ways they can reduce health risks.
3. Write some of these suggestions on the whiteboard for purposes of reference to the activity.
4. Utilize the teacher template 7.2.2 as a model for the next activity. Point out that the center circle describes their goal of avoiding health risks. The outside circles represent ways in which they will achieve this goal, listing healthy practices.
5. Pass out the fill-in-the-blank template 7.2.2 and ask the students to create their own health wheel.
6. Remind students that they may want to refer to the suggestions listed on the whiteboard.
7. If time permits, have the students present their health wheels to the class.

**Closure:** Have the students store these in their health portfolios.

Connections to Other Subjects: English Language-Arts

1.0 Writing Strategies: Students write words and brief sentences that are legible.

1.0 Written and Oral English Language Conventions: Students write and speak with a command of standard English conventions.

Extensions for Gifted: These students may want to come up with their own methods and may choose not to use suggestions given on the whiteboard. They should be given the opportunity to circulate and provide assistance to their classmates if they complete the assignment early.

Adaptations for Learning Disabled: The teacher should frequently allow time for clarification. Listing many of their suggestions on the whiteboard for reference will serve as a reminder to many students. The use of the teacher example will provide clarification and model the expected end product.

