

# Role Play for Your Health

**Grades:** K-2

National Health Education Standard (NHES) Standard 4.2.3: Demonstrate ways to respond in an unwanted, threatening, or dangerous situation.

**Objective:** Students will develop strategies for demonstrating skilled responses to unwanted situations through role-play. They will gain the confidence they need to make positive decisions and demonstrate effective communication skills.

**Materials:** Scenarios Master Template 4.2.3

**Procedures:**

1. Gather the kids into a circle.
2. Discuss the importance of being able to respond to dangerous situations. The teacher may want to explain the feeling that one gets when he/she knows something is wrong and how to avoid getting into an unwanted situation.
3. The teacher will utilize the Scenarios Master Template 4.2.3 and demonstrate a scenario with an aid.
4. The teacher will then choose two students at a time to role-play from each of the scenarios listed on the Master template.
5. The students should also be given the chance to create their own scenarios from their own experiences.
6. A Q&A session should take place immediately after the activity.

**Grades:** Give the students time to reflect on this exercise on their own. Ask them to choose a scenario that they have experienced or plan to use.

Connections to Other Subjects: Aligned to K-2 English Language-Arts

- 1.0 Listening and Speaking Strategies
- 2.0 Speaking Applications

**Extensions for Gifted:** The students may want to come up with their own scenarios to act out. They should be given the opportunity to organize a scene with another student.

**Adaptations for Learning Disabled:** The demonstration done by the teacher will help clarify the teacher's expectations. Questions should be answered whenever it is necessary.

