

What's up, Doc?

Grades: K-2

National Health Education Standard (NHES) 1 .2.5: Describe why it is important to seek health care.

Objective: To ensure that the students recognize the importance of seeking health care through discussion and reflection.

Materials: Doc Template 1.2.5

Procedures:

1. Have a group discussion about health care and health care providers.
2. Allow student to share their experiences with health care.
3. Ask students why seeking health care is important.
4. Ask students what would happen if we did not have health care. How would they get well?
5. Reiterate how we can stay healthy.
6. Allow the students to work independently on Doc Template 1.2.5
7. If they cannot answer some of the questions, they may finish the worksheet with a parent at home.

Closure: Store these worksheets in the student's portfolios. You may want the student to put them in their own portfolios.

Connections:

English Language Arts Standards

1.0 Listening and Speaking Strategies

1.1 Listen attentively

1.2 Ask questions for clarification and understanding

1.3 Give, restate, and follow two-step directions

Extensions for gifted: Students can write a letter of appreciation to their favorite health-care provider.

Adaptations for learning disabled: Students can work on the worksheets at home with a parent.

