



Subject: Health

Title: Health Word Wall

Grade: 3

Objective: Students can identify healthy behaviors that will enable them to be physically and academically successful.

Standards:

5.1 G Examine why a variety of behaviors promote healthy growth and development

7.1G Determine behaviors that promote healthy growth and development

6.1 P Set a short term goal for positive health practices

8.1 P Support others in making positive health choices

8.2 P Encourage others to promote a healthy environment

Materials: Sentence Strips & Markers



Procedures:

1. Hold a class discussion about what it means to be healthy. Teacher should prompt students to include physical activity, cleanliness and hygiene, friendship and positive family relationships, mental activity in school and nutrition, in the discussion. **5.1, 7.1 G**
2. Brainstorm: Teacher allows students to write their ideas one by one on the whiteboard after sharing with the class. (this will increase student involvement)
3. Students will work in groups of 3-4. **5.1, 7.1G**
4. They are given sentence strips and markers and are to write down healthy behaviors in 1-2 words neatly on the strips. Each student should write something different from others in their groups.
5. Share these with the whole class.
6. Teacher will collect these and post them on a special Health Word Wall. (this will serve as daily reminders of healthy behavior.)

Assessment:

7. Homework: Students are to ask their parents/ brothers/sisters/grandparents, how they stay healthy. They will write one paragraph to turn in the next day. They should also write another paragraph on how they feel their family member could improve their health. (this should be shared with the family member, turned in to the teacher, and stored in their portfolios) **8.1, 8.2P**



Adaptations to Learning Disabled:

Students will work in groups and provide assistance to their classmates as needed.

Extensions:

Students can write an essay on family health behaviors for homework in paragraph format.

Connection to other subjects: English and Health Standards and Frameworks for grade 3